



Newsletter OF THE LONG ISLAND CHAPTER OF THE TOURETTE SYNDROME ASSOCIATION

P.O. Box 615 • Jericho, NY 11753 • LongIslandTSA@aol.com • www.li-tsa.org • 516-876-6947

Message from the President

Hello All,

I hope that you all had a great summer and are ready for the new school year to begin. We did something different this year, in addition to our yearly visit to Japan. Shoh went to Camp Twitch and Shout in Georgia, for the last week of June, and had a great experience. I highly recommend it for families who want their child to go to camp, but are not confident that a typical camp will meet their child's special needs. He really blossomed there.

We had a great Family Fun Day again this year, our annual fundraising event, despite the threatening weather. Committee members worked so hard to pull together great sponsors and a wonderful raffle event, as well as all the activities for the event. See inside for an article and pictures of the day.

Our education/advocacy committee continues to do a terrific job in long Island's schools, and we now have two new Junior Youth ambassadors who were trained at this spring's National TSA conference in DC to add to our already strong group. See inside for more on that.

There have been several social events in the past few months, and kids and their families are getting out and doing a variety of fun and exciting things. Please continue to check our website for information on upcoming events.

Our support groups continue to thrive, and new members come every month. They all seem to get great relief and support from our meetings. See inside for a story by one of our new adult TS members, Steve McAllum.

I would like to include some of our children's artwork in each issue of the newsletter, so if your child has something you can scan into your computer and send me, please do so, and I will see that it gets into one of our newsletters!

Remember, everyone, to make every effort to visit your child's school BEFORE the school year begins, if possible, or at the very beginning of September, to educate teachers and anyone he/she will be working with during the year about your child's version of TS. You can offer suggestions about how they can work with your child to ensure a good year!

I hope that you all enjoy the rest of your summer, in good health and peace. See you in September!

Lisa Filippi, Ph.D.

Lisa Filippi, Ph.D.
Chair, LI-TSA

A Little Hero Amongst Us

by Lisa Filippi



Morgan Brown and her parents (Steve and Brooke) at the table she set up at the Lindenhurst Little League event.

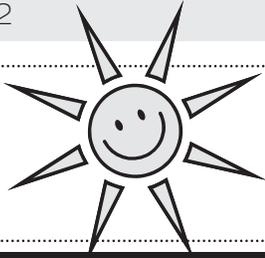
I am once again struck by the realization that kids can do the most amazing things, simply because they are kids and have the power of a kid's heart guiding them. One of our very own child members, Morgan Brown, a mere seven years old, did an absolutely incredible thing this past spring. On April

18th, Morgan spoke in front of more than one thousand people attending the 2010 opening parade ceremony for the Lindenhurst American Little League at the Babylon Town Hall fields. She read a speech that she had prepared herself to educate people in her town about Tourette Syndrome. She also used this event as a fundraising opportunity for our chapter, and collected an incredible \$6,239.36 in donations from that crowd, employees at her father's workplace at the Queens District of Attorney's office, and other friends and family, as well. Morgan presented her check to our chapter in a very entertaining performance at our May support group meeting. She read her speech for us, and her spirit and the capacity of her heart shone through in every word, touching each and every person present. Truly, there was not a dry eye in the room! What a brilliant idea, and success for anyone, let alone one so young. The courage she showed in getting up in front of that crowd is simply awe-inspiring. We have great hopes and expectations for this little star!

We thank Morgan for her generous donation, and for her efforts to educate so many people about TS. We are also humbled and grateful to Morgan for the example she has become to us all, reminding us about what one individual's efforts can do to make a tremendous difference in the world. Morgan was awarded the Outstanding Achievement Award from the Long Island Tourette Syndrome Association, Inc. in recognition of her wonderful efforts on June 4th, at our final support group meeting before the summer break.

After being nominated by many people, including her teachers, Morgan also was awarded the prestigious Pride of Lindenhurst Award, selected from a pool of about 7000 nominees, based on her outstanding character, intelligence, being a great friend, her caring nature, overall personality, and her efforts to educate people in the town of Lindenhurst about Tourette Syndrome. The award was presented to Morgan on June 16th, at the Board of Education Community Forum. Morgan's parents, Steve and Brooke, say that they all really look forward to coming to our support group ...

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Quote of the month:

“It is our attitude at the beginning of a difficult task which, more than anything else, will affect its successful outcome.”

-William James

Board Members

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Kate Callan, 2nd Vice Chair/Fundraising, Web site Manager

Jen Zwilling, 3rd Vice Chair/Youth Ambassador Program

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Florentina Lazaroaic, Volunteer Coordinator, Newsletter Editor

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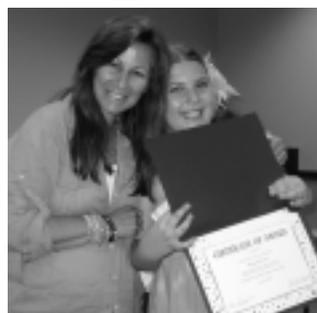
LINDA JACOBS, M.D.

Congratulations and Thank you!

Congratulations to **Dara Fuhrman** who earned 2nd place in her category- Entrepreneurship Promotion- at the New York State Deca competition, and Top 10 in the International Deca (marketing) Conference in Kentucky at the end of April. It was a wonderful experience for her, with over 13,000 HS students attending and competing from the US, as well other countries. Dara doesn't stop there, though; she was also inducted into the National Honor Society, the Business Honor Society AND the Nassau All County Art Exhibit. Wow! What is left for this remarkable young woman to strive for? We are all so very, very proud of you, Dara!

Congratulations to **Lee Gochman**, who was inducted into the National Honor Society. More congratulations and thanks to **Lee**, who also played a very important role fielding questions on a radio interview with mom and LI-TSA secretary **Susan Gochman**, and former LI-TSA board member **Sheila Kastner**. Congratulations and thank you to all of you for your efforts to spread the word!

Congratulations to **Morgan Brown** who received the prestigious Pride of Lindenhurst Award from her town, after being nominated by many people, including her teachers. Morgan was selected as the winner from among a pool of about 7000



Jane Zwilling and Morgan Brown

nominees, based on her outstanding character, intelligence, being a great friend, her caring nature, overall personality, and her efforts to educate people in the town of Lindenhurst about Tourette Syndrome. The award was presented to Morgan on June 16th, at the Board of Education Community Forum. Way to go! Morgan also received an Outstanding Achievement Award from our chapter for her incredible fundraising and advocacy efforts (see article on the cover page). **Congratulations Morgan, you are a star!**



Kira Coburn receiving her award at The Pathway School

Congratulations to **Kira Coburn**, who was elected as student of the year at her residential school, The Pathway School. Kira gave a speech at the ceremony, which was a major event that included a golf outing, followed by a dinner. Sports figures for the Philly Eagles were present, as well as the local press. **You rock, Kira! We are so proud of you!**

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Don't forget our **Information Line** which exists as a helping hand to the community. We return calls promptly and provide medical and professional referrals as well as community resources. We can answer general questions on TS and associated disorders. Call us at (516) 876-6947 or e-mail us at **LongIslandTSA@aol.com**.



EDUCATION AND ADVOCACY COMMITTEE UP-DATE

by Jane Zwilling, Psy.D., Advocacy Chair

The Education and Advocacy Committee has continued working through the summer and is now preparing for the 2010-2011 school year. If you would like a presentation in your school or would like someone to accompany you to your child's CSE meeting, please contact us at HZwilling@aol.com

Below is important information from Kathy Giordano, Advocate for National TSA, in regard to **FAPE-Free Appropriate Public Education**.

FAPE is the critically important basis for all special education services and 504 Plans, therefore it is important to have and understand this information.

The Section 504 regulation requires a school district to provide a "free appropriate public education" (FAPE) to each qualified person with a disability who is in the school district's jurisdiction, regardless of the nature or severity of the person's disability.

Often, parents of students with TS attend school meetings and make the mistake of asking for the *best* educational setting and/or a related service that will be *better* for their child. However, according to the law, schools must provide an 'appropriate' setting and services. Parents who prepare for the meeting using this word may be more successful in getting services for their child.

The following link is for the Department of Education's article, "Free Appropriate Public Education for Students With Disabilities: Requirements Under Section 504 of The Rehabilitation Act of 1973"

www2.ed.gov/about/offices/list/ocr/docs/edlite-FAPE504.html

(It's important to note that if a child has an IEP, they are automatically covered under Section 504. This article includes information regarding FAPE, 504 Plans and IEP's.)

Since students with TS often require different supports and services than are typically provided for students with other disabilities, it is not always obvious to the school that students with TS are not being provided FAPE.

They may be getting passing grades but are not able to demonstrate their true abilities. All too often students with TS are blamed for not turning in homework, wasting time on tests and quizzes, not paying attention when directions are being provided, etc. These may be a result of related difficulties such as executive function deficits, and processing deficits that require support, not punishment.

Both IDEA and Section 504 allow supports to be provided for significant factors that are related to the learning process. Instead of blaming the student, it is important to determine if symptoms or specific deficits have been overlooked and therefore the student is not receiving FAPE.

A paragraph in this article that is particularly important for students with TS is the discussion regarding Adaptive Behaviors. Adaptive Behaviors must be considered when determining eligibility for both 504 Plans and IEP's. The article states:

"Recipients (schools who receive funding from the US Department of Education) must draw upon a variety of sources in the evaluation and placement process so that the possibility of error is minimized. All significant factors related to the learning process must be considered. These sources and factors include, for example, aptitude and achievement tests, teacher recommendations, physical condition, social and cultural background, and adaptive behavior. Adaptive behavior is the effectiveness with which the individual meets the standards of personal independence and social responsibility expected of his or her age and cultural group."

Social skills deficits, anger, excessive silliness, inappropriate responses to situations, and many other difficulties that are not age appropriate may all be related to adaptive behavior deficits and require supports that will help the student learn strategies regarding these important life skills.

Buddies and Youth Ambassador Training Up-date

LI-TSA will be holding a Youth Ambassador as well as a Buddy Training this Fall – students between the ages of 13 and 16 that are interested in attending a training please e-mail the Zwillings at HZwilling@aol.com

Thank you!

Congratulations and Thank you!

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Congratulations to our chair, **Lisa Filippi**, for having her research on parental care in a Japanese insect featured on the BBC natural history documentary, LIFE. In Dr. Filippi's paying job, she works as a biology professor at Hofstra University.

Thank you to **Anita Filippi-D'Anca** for the beautiful work she does on our newsletter, the brochure and photographer for the Family Fun Day.

Thank you to **Matilda** for your generous contributions.

Thank you to **The DeMatteis Center** for providing the three rooms we use each month for our support groups! We couldn't do this without your support.

Thank you to **Eric and Linda** of "Linda and the DJ" at iradioua corporation for hosting the radio interview that **Lee Gochman, Sue Gochman** and **Sheila Kastner** participated in. **Any and every effort to disseminate correct information about TS to the general public is so very welcome! Thank you!**

Local Families Come Out to Have Fun While Supporting Long Island TSA

by Kate Callan and Jane Zwilling



Thank you Sam Miller (l) and Michelle Collica (r) for your generous donations at our Family Fun Day!

Congress has declared May 15th –June 15 Tourette Syndrome Awareness Month and Long Island Families come out to support the efforts of Long Island Tourette Syndrome Association (LI-TSA).

Despite the threat of major rain and thunderstorms, the third Annual Family Fun Day to benefit the Long Island Tourette Syndrome Association was a huge success! On June 6th, families that attended the event held once again at Jericho High School's facilities enjoyed multiple inflatable obstacle courses, a giant slide, castle bounce and several carnival games as well as on-going clinics sponsored by Sportime, which involved an introduction to tennis. A Disc Jockey played tunes and the kids had fun hula hooping and participating in dancing contests in between the many arts and crafts activities, including sand art and making their own pin-wheels, playing at a Bubble station and having their faces painted. Vendors sold jewelry and clothing with all profits going to LI-TSA. There were hot dogs, cotton candy, Italian ices, popcorn, hot pretzels and drinks. In addition, there were many raffle prizes to be had including grand prizes of gift certificates from both London and Soloman Jewelers.

LI-TSA was touched by the huge turn-out and support from local families who enjoyed a relaxing day where kids could be safe, have fun, play, dance, participate in tennis clinics, enjoy refreshments, and win raffle prizes while also becoming more educated, sensitive and aware of Tourette Syndrome.

The second annual Family Fun Day to benefit LI-TSA, which coincided with TS Awareness month, was a huge success and raised much-needed funds for the chapter's services. Kate Callan, LI-TSA board member and one of the event planners shared, "We are so grateful for the support of our sponsors, raffle donors and the help of our volunteers".

LI-TSA thanks it's main Sponsors including Event Sponsor- Astoria Federal Savings; Registration Sponsors- One Liberty Properties and the New York Yankees; Publicity Sponsor- Anton Community Newspapers and The Boulevard; and Activity Sponsor- Sportime; for their support, as well as the main local sponsors including- Weiss & Luccarelli Orthodontics, Operation Fun, St. Francis Hospital, and Thomas Kugler Graphic and Web Design.

The event would not have been possible without the volunteerism of local High School students.

A group of Jericho High School students who volunteer as Buddies for LI-TSA including Student Coordinator-Eric Zwilling, along with Jake Freidberg, Taylor Katz, Samantha Ostrow and Dana Palmieri and Roslyn High School student Andrew Tack assisted in running the event and raising awareness. Other Jericho students, Scott Freudenthal, Maddi Sanders, Amy Setton, Matt Weiss and Jordan Weinreb attended a training session to specifically volunteer for the Awareness event.

Long Island Youth Ambassadors, Dara Fuhman from Plainview Old Bethpage Kennedy High School and Lee Gochman from Half Hollow Hills "manned" a Youth Ambassador booth, while Amanda and Eric Zwilling of Brookville, Jess Fuhman of Plainview and Junior Youth Ambassadors Patrick Callan from Locust Valley and Shoshana Rabinowitz from Port Washington were available to educate attendees and to answer questions throughout the day from kids and adults.



Kate and Kristina Callan.



Rachel Gibbons, Dara Fuhman, Amy Fuhman and Lisa Filippi



Creatively painted kiddie and other attendees, volunteers and Sportime Youth Sports Programs Clinic at 2010 LI-TSA Family Fun Day.



Event sponsor, Astoria Federal Savings representatives with LI-TSA volunteers

Additionally, LI-TSA extends heartfelt appreciation to all our dedicated member volunteers who worked to help coordinate and publicize the event including Kate Callan, Jane Zwilling, Howard Zwilling, Amanda Zwilling, Eileen Riegelhaupt, Jennifer Argenzio, Sue Gochman, Lisa Filippi, Anita Filippi-Danca, Maria Pusateri, Rachel Gibbons-Rabinowitz, Florentina Lazaroaic, Barbara Marder, Rachel Bliss, Peggy Coburn, Andrea Lyons, Barbara Callan, Noreen Scileppi, Amy Fuhrman, Dara Fuhrman, Jessica Fuhrman, Mark Fuhrman and Demi Marino.

While the efforts of the entire LI-TSA board and many other volunteers were essential to the success of Family Fun Day, I would like to extend a very special thanks to Co-Vice Chairs Jane Zwilling and Kate Callan, without whose persistent and inspired efforts this event would not have been possible. Jane and Kate were primarily responsible for acquiring the generous sponsorships of this event, and for overseeing the entire organizational process leading up to the event. Thank you both so very much! L.F.



My Life With Tourette Syndrome

by Steven McAllum

It all began in early childhood, at the age of about nine or ten. I had these urges to make body movements that were abnormal, and I had no idea why. These were the first signs that I had Tourette Syndrome. As time progressed, my symptoms grew increasingly worse, and finally I was forced to seek medical attention. I remember my mother taking me to several different doctors, including a psychologist and a neurologist, over a five-year period, all of who could find absolutely nothing wrong with me. But, my family and I knew otherwise. We knew there was something very wrong. By this time, my tics were so horrific that I had an extremely difficult time getting out of bed in the morning. I was being ridiculed at school everyday, my grades suffered, and my biggest fear at that time in my life was suffering a nervous breakdown. My life was truly in dire straits.

I attended parochial school for six years. I recall once sitting in my eighth grade classroom and having very noticeable tics. The school principal, who was a nun, entered the room, saw what I was doing, and proceeded to ridicule me in front of the entire class. It made me feel lower than a snake's belly. Throughout all of this turmoil, my mother tried to instill in me the idea that things were not as bad as they seemed; unfortunately I could not see her view at the time.

By the time I reached high school, the symptoms were worse than ever, and, because of this, I had very few friends. People distanced themselves from me, and I from them. I remember strolling into the cafeteria and different classrooms throughout the school. All of a sudden the occupants would erupt into laughter. I didn't even have to look; I knew the laughter was at my expense. But, throughout all of the madness, I did experience one source of pleasure, my Saturday afternoon bowling league. Bowling was a great source of relief for me in those days, and because I loved the sport so much, I eventually joined a Friday evening league, and my weekends were pretty much set. Bowling with family and friends from my neighborhood made me forget about how difficult the weeks were dealing with my problem, and the ridicule that accompanied it. I struggled for years with motor and vocal tics, having no clue as to why I couldn't control myself.

But, in the fall of 1978, things began to change. One Sunday morning my family and I were having breakfast. My mother happened to be reading the newspaper when she came across an article that described many of the symptoms that I had always displayed. Two names were mentioned in that

“... I have been blessed with family members and good friends who have stuck by me every step of the way, and I love them for that, ...”

article, Arthur and Elaine Shapiro, M.D., along with the address of their New York City office. At the same time, my grandmother brought to our attention that she was reading the very same article in the paper. After a brief family discussion, my mother wrote to the Shapiros in hopes of getting me an appointment. Several days later, my family and I were sitting in the doctor's office at Mount Sinai Hospital where we spoke to both doctors for about three hours. It was at that time that I was diagnosed with Tourette Syndrome. I felt such a surge of relief because I finally knew what I was up against.

I also discovered that I wasn't alone. There were others suffering from this disorder, as well, many others. One of the things I recall from that day was being given a prescription for a medication called Haldol. I was told that it would help control my symptoms. I was also informed that there was no cure for TS. Nevertheless, I was anxious to try the medication to see if it would perform the way the doctors said it would. Much to my delight, the drug did work, and my symptoms began to decrease; for the first time in a long time, I felt exceptionally good.

To this day, I still take Haldol, and, although I can now take a lower dosage, I still feel good most of the time. I also suffer from Obsessive Compulsive Disorder (OCD), which I take medication for, as well. Throughout my dealings with TS and its related problems, I have been blessed with family members and good friends who have stuck by me every step of the way, and I love them for that, especially as I do realize that at times it must have been difficult. But, I must give praises to Almighty God, because if it weren't for all of his blessings, I would have crumbled long ago. Today I work; I received my B.A. in English from Rutgers University, with a minor in journalism. Most of all, I am blessed to have a beautiful and understanding wife, who loves and accepts me just for who I am. Whether or not they find a cure for TS in my lifetime, I know that I can make it, because I already have!

Steve and his wife have been attending our support group meetings regularly, and contribute their experiences and strategies for managing TS. They, and Steven's success, speak volumes to the importance of acceptance and support at home and by friends, in ensuring successful management of TS, resulting in a greatly enriched life. Steven and his wife have said that so many of the difficulties he experienced in his youth could have been greatly reduced if he had had the kind of support our chapter offers to its members while he was growing up! L.F.

TS INFO CARDS AVAILABLE FOR MEMBER USE!

Have you ever been out somewhere in public, perhaps in a theater, in a store or on the train, and found that your or your child's tics were drawing unwanted, negative attention? Please feel free to contact the chapter at LongIslandtsa@aol.com if you would like to obtain a box of TS information cards to hand out as a way to handle uncomfortable situations! Hand them out whenever you feel an awkward situation is about to happen, and be an educator at the same time! The person you educate today by giving them an info card, could be one one less person to tease or respond negatively to someone else with TS tomorrow!

Insect Hunt at the Hempstead Plains

by Peggy Coburn



In the fields at the Hempstead Plains for the bug hunt.

On June 13, members came out to Hempstead Plains for a bug hunt led by biologist and LI-TSA chapter chair' Lisa Filippi, Ph.D. The day's events started thousands of years ago when the Wisconsin Glacier receded from Long Island, leaving a vast Plain covering nearly all of Long Island up to east of the Suffolk border. When Native Americans arrived, the Plains' abundance was so important to their survival that they began preserving the Plains by burning areas that were becoming forest. Later, the pioneers kept the Plains as grassland for farming and grazing of the livestock. The next users of the Plains were aviators, who continued preserving the Plains as Long Island became a hub for this new activity.

Today Hempstead Plains is one of the last remaining patches of those ancient Plains. We learned about, saw and touched the various native plants, as well as the non-native invasive plants. We saw and touched insects that are introduced to check the invasive plants. We got a close up look at native leaf bugs, baby crickets, and we listened to hiding grasshoppers. We saw butterflies and huge dragonflies, and various other insects. We were also treated to an aerial display of a songbird chasing away a red-tailed hawk in the sky.

When we were leaving, one child summed up the expedition: "It was fun and hot."

Becoming a Youth Ambassador

by Patrick Callan



Patrick Callan

My experience of being trained as a TSA Youth Ambassador was great. I enjoyed meeting many other teens that are affected by TS and learning about how it affects them and their lives. Even though the training was long, I obtained a lot of useful information that will help me be

a good teen youth ambassador. I really liked the way Hunter described giving the presentation and I found it helpful to break up into groups and practice answering questions that kids might ask about TS. I assisted Eric Zwilling at the end of the school year and helped him give two presentations at an elementary school in Hicksville. I thought it was a good experience and it will definitely help me feel more confident for my future presentations when I go out on my own or with Shoshana.

It was interesting meeting with the different congressional representatives. I found them to be very understanding and supportive. They wanted to hear what I had to say about living with TS. I told them all how having a presentation given to my classmates helped change my life for the better.



Dr. John Walkup

Dr. John Walkup Presents at General Meeting

by Lisa Filippi

We were so pleased to have Dr. John Walkup speak at our annual chapter meeting on April 21st. Dr. Walkup knows a great deal about TS, but he is especially well known for his work with CBIT (Comprehensive Behavioral Intervention for Tics), a technique that has been covered repeatedly in scientific literature and the news recently. The technique involves training oneself to replace inappropriate tics with a different behavior, and has met with at least as much success as current medications in use. Dr. Walkup's presentation was informative, entertaining and insightful. He finished up with an extensive question and answer session, and the many chapter members in attendance left with much valuable information in tow.



A Little Hero Amongst Us *(continued from front page)*

... meetings each month, and are so grateful for the amazing comfort, information and support they gain by attending. They said that helping Morgan with her efforts was their way of thanking us for all we do for them. Thank you so very much for your community spirit and for joining our family!

Long Island Tourette Syndrome Association

We're going GREENer! Please help us help the environment and save paper. We need your E-MAIL addresses! Many of you already receive our e-blasts about upcoming events and programs. There are still many e-mail addresses we are missing. We plan to be paperless for future newsletters, information and event notices. (paper mailings will still be available for those who don't have computer access).

Please send your e-mail addresses to Sue at: sgochman@optonline.net or mail to: LI-TSA, P.O. BOX 615, Jericho, NY 11753 ALSO please visit us at our Web site at: www.li-tsa.org

You have the option to be removed from the list at any time.

Don't miss important chapter announcements between newsletters! Register on our chapter's E-mail Notification List! Include family members' names, and age and name of child who has TS. To be included on our list, please e-mail us at LongIslandTSA@aol.com. Thank you.

CALENDAR OF EVENTS

2010 ADULT SUPPORT GROUP • CHILDREN'S SUPPORT GROUP and TEEN SUPPORT GROUP

All meetings begin at 7:30 p.m. and are held at the DeMatteis Center, 101 Northern Blvd., Greenvale, NY 11548, located on the north side of Northern Blvd., just west of Route 107, past the C.W. Post Campus of Long Island University, opposite NYIT.

Support groups through December of 2010 will meet on the following Fridays:
September 3, October 1, November 5 and December 3

TS in the News

Discovery of Rare Genetic Mutation Could Help Battle Tourette Syndrome • May 7, 2010

www.bioresearchonline.com/article.mvc/Discovery-Of-Rare-Genetic-Mutation-Could-Help-0001?VNETCOOKIE=NO

Tourette's Syndrome Associated With Superior Timing Control • bps-research-digest.blogspot.com/2010/06/tourettes-syndrome-associated-with.html

The Frontal Cortex: Profile The Advantages of Tourette's • Posted on: June 24, 2010 12:59 PM, by Jonah Lehrer

scienceblogs.com/cortex/2010/06/tourettes.php

Tim Howard Turns Tourette's From Challenge Into Advantage • lisa-olson.fanhouse.com/2010/06/17/tim-howard-turns-tourettes-from-handicap-into-advantage/

Cohen: Living with Tourettes • by Asha Cottrell | Troy Messenger • www.troymessenger.com/news/2010/jun/14/cohen-living-tourettes/

New Tourette's provision added to health care bill • by Collegian News Staff | April 01, 2010

dailycollegian.com/2010/04/01/new-tourette%E2%80%99s-provision-added-to-health-care-bill/

New behavioral therapy reduces tics in people with Tourette syndrome by Wendy Rigby / KENS 5

www.kens5.com/news/health/New-behavioral-therapy-reduces-tics-in-people-with-Tourette-Syndrome-94759099.htm

We will be holding chapter elections soon. Ballots will be sent in the mail; *please support your chapter by returning the ballots.*



**THE LONG ISLAND CHAPTER OF THE
TOURETTE SYNDROME ASSOCIATION
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